



TASTE
THE
World

WINNIPEG'S WEST END DINING GUIDE

TASTE THE WORLD OF GREEK CUISINE AT
HOMER'S RESTAURANT & CATERING



one
giant
experience

West End Mural Tours

Call 954-7900 to book your walking tour today!

- Monday – Saturday
- Flexible times – days & evenings
- \$5 adults, \$2 children
- Refreshment stop included
- Art, history, trivia...fun!

Winnipeg's West End – All we need is you!

www.westendbiz.ca

TASTE

THE

World

WINNIPEG'S WEST END DINING & SPECIALTY FOOD GUIDE

*T*HE WEST END is quickly gaining a culinary reputation on Winnipeg's dining scene with our many restaurants and specialty food stores. Here you will find an incredible variety of internationally inspired cuisine — everywhere you go. And, although dining is an essential and enjoyable aspect of life, there is more to our great destinations than meets your stomach! Dining often creates the most memorable life experiences. Looking for great food, a welcoming atmosphere and a cultural experience? You will find it all in our diverse communities, accompanied by friendly people and amazing value.

Until now, the West End was one of the City's best kept secrets. With your new West End Dining & Specialty Food Guide in hand, we invite you to explore our world and expand yours! Welcome!



ON THE COVER :
HOMER'S RESTAURANT
& CATERING
See full listing on page 7.

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Douglas Little Photography
DESIGN :
Rolling Rhino Communications

PRODUCED BY



Restaurants

ASIAN

A Taste of Laos

840 Erin St.

779-7291

Traditional Laotian recipes



Asia City

519 Sargent Ave.

783-8118

Diverse mix of dishes from Vietnam, China, Taiwan, Thailand and the Philippines

Com Tam Thuan Kieu Restaurant

661 Ellice Ave.

949-9081

Vietnamese and Chinese dishes



Cookatoo's Restaurant & Lounge

1069 Sargent Ave.

774-5480

Malaysian and other Asian dishes



Dragon River Chinese Restaurant

537 Sargent Ave.

772-0227

Chinese cuisine

Emerald Palace

704 Sargent Ave.

788-4573

Cantonese cuisine

Ha Long Bay Restaurant

772 Notre Dame Ave.

775-5777

Chinese and Vietnamese dishes



Hong Hing Chinese Food Service

685 Ellice Ave.

774-2574

Chinese dishes. Takeout and delivery only

Hong Kong Harbour Restaurant & Karaoke

571 Portage Ave.

786-3333

Chinese cuisine



Hot Pot House

2 - 510 Sargent Ave.

786-6789

Vietnamese and Thai dishes

K G Saigon Restaurant

840 Sargent Ave.

783-3482

Vietnamese and Chinese dishes

K & K Pub

103 - 912 Portage Ave.

775-0444

Asian fried chicken accompanied by a variety of sauces

Kim Thanh Restaurant

888 Notre Dame Ave.

779-2970

Vietnamese dishes

Lan May Taiwanese Chinese Restaurant

1373 Portage Ave.

783-6772

Taiwanese and Chinese dishes

Lucky Koi Express

1100 Portage Ave.

943-9933

Chinese dishes. Take-out and delivery only

Mooshiro Japanese Cuisine

708 Portage Ave.

237-8744

All you can eat sushi and many other Japanese specials

Myrna's Café and Catering

833 Sargent Ave.
772-9262

Filipino breakfast items

New Asia Restaurant

841 Ellice Ave.
779-8583

Chinese dishes

New Hong Kong Snack House

407 Notre Dame Ave.
942-5315

Chinese dishes

Nhu Quynh Restaurant

609 Ellice Ave.
786-1182

Vietnamese and Chinese dishes



Nou Eul Tor Korean Restaurant

726 Sargent Ave.
779-1855

Korean dishes, soups and barbeques



Pasalubong Filipino Cuisine

806 Sargent Ave.
779-4320

Filipino dishes

Pho Dau Bo Restaurant

856 Ellice Ave.
661-8888

Thai seafood dishes and a variety of Vietnamese dishes

Pho Hoang Vietnamese Restaurant

5 - 794 Sargent Ave.
415-6893

Vietnamese dishes and noodle bowls

Pho Hoi An

7 - 510 Sargent Ave.
786-8989

Vietnamese dishes

Rice Bowl Restaurant

641 Sargent Ave.
779-2777

Filipino cuisine, Asian grill and Vietnamese dishes

Shaing-Bo Restaurant

784 Notre Dame Ave.
775-3577

Chinese dishes

Spring Roll Restaurant

1142 Notre Dame Ave.
783-7761

Szechuan cuisine including a number of vegetarian dishes

Thanh Huong Restaurant

534 Sargent Ave.
774-8888

Vietnamese and Chinese cuisine including a wide selection of noodle soups

Vietnam Restaurant

6 - 555 Balmoral St.
943-4423

Vietnamese dishes

Viva Restaurant

1 - 505 Sargent Ave.
772-3167

Vietnamese and Chinese dishes



New Korean Restaurant

519 Ellice Ave.
coming soon

CARIBBEAN

Tropikis Restaurant

878 Ellice Ave.
788-4733

Specialties from the West Indies, such as roti and doubles



EAST INDIAN

A Taste of India

9 - 510 Sargent Ave.
775-1098

A variety of curries and Indian specialties with a daily lunch and dinner buffet



India Palace Restaurant

770 Ellice Ave.
774-6061

A full menu, ranging from appetizers to desserts and daily buffet



ETHIOPIAN

Harman's Cafe

570B Sargent Ave.
774-6997

Ethiopian meat and vegetarian entrees served with injera bread. Also has a short Chinese lunch menu, Canadian sandwiches and breakfast items



Merkato Restaurant

352 Cumberland Ave.
947-9802

Ethiopian cuisine



FAST FOOD

Bunty's Bubble Bath

820 Ellice Ave.
985-1444

Chester's deep fried chicken

Burger King

333 Home St.
987-8428

Burgers

Burger King

1033 Notre Dame Ave.
987-8427

Burgers

Burger Plus Restaurant

538 Sargent Ave.
772-3372

Burgers

Chef Dong's Charley Biggs

679 Sargent Ave.
772-4447

Deep fried chicken, pizza

Chef Dong's Charley Biggs

621 Balmoral Ave.
943-1544

Deep fried chicken, pizza

Chicken Delight

788 Ellice Ave.
982-1320

Deep fried chicken, pizza

Dairy Queen

981 Portage Ave.
774-4849

Ice cream, burgers

Dairy Queen

836 Sargent Ave.
774-0822

Ice cream, burgers

George's Burgers & Subs

904 Portage Ave.
779-1136

Sandwiches, burgers

Junior's Restaurant

558 Portage Ave.
774-6370

Burgers

McDonald's

1049 Notre Dame Ave.
949-6027

Burgers, salads

McDonald's

664 Portage Ave.
949-6035

Burgers, salads

McDonald's

1251 Portage Ave.
949-6058

Burgers, salads

New York Burgers

1335 Notre Dame Ave.
772-0965

Burgers

Subway

621 Balmoral St.
944-9544

Sandwiches, salads, soups

Subway

1111 Notre Dame Ave.
775-1145

Sandwiches, salads, soups

Subway

1 - 1132 Portage Ave.
783-8822

Sandwiches, salads, soups

Subway

B - 840 Sargent Ave.
783-9588

Sandwiches, salads, soups

Taco Bell / KFC

1275 Portage Ave.
987-8004

Tex-Mex, deep fried chicken

Taco Bell / KFC

750 Sherbrook St.
987-8201

Tex-Mex, deep fried chicken

Zax Drive Inn

1184 Portage Ave.
786-0908

Burgers, gyros

G R E E K

Homer's Restaurant & Catering

520 Ellice Ave.
788-4858

Greek appetizers, souvlaki, lamb, steak and specialty desserts

Juliana Pizza and Restaurant

678 Ellice Ave.
775-2925

Pizza, Greek and Jamaican specialties

WEST END PROUD!

**ANDREW SWAN
MLA FOR MINTO**

892 Sargent Ave.
ajswan@mymts.net

772-6129



ITALIAN

Casa Grande Pizzeria

984 Sargent Ave.
783-6231

Pasta, pizza, veal and chicken



Martini's Restaurant

819 Sargent Ave.
772-7627

Authentic Italian cuisine



De Luca's Restaurant

2 Floor - 950 Portage Ave.
774-7617

All you can eat lunch menu features pasta, pizza by the slice, soups and salads, along with a daily selection of wine by the glass

Paradise Restaurant

789 Portage Ave.
772-2539

Italian dishes include a selection of veal and pastas

Sorrento Pizza

529 Ellice Ave.
774-9892

Pizza, salads, pasta, meat and seafood dishes

LATIN AMERICAN

Café Dario

1390 Erin St.
783-2813

Nuevo Latino cuisine using ingredients inspired from North American and Latin American dishes

Desperado Mexican Restaurant & Bar

570C Sargent Ave.
415-2870

Everything Mexican - homemade chips and salsa, tortilla soup, quesadillas, enchiladas, chimichangas and stuffed jalapenos

MIDDLE EASTERN

Firefly Shisha n Juice Bar

594 Ellice Ave.
786-1544

Specialty juices and shisha bar



Shawarma Time Restaurant

616 Ellice Ave.
774-2109

Lebanese and Middle Eastern Halal food combination dishes, including shawarma



rasoi: The Kitchen

596 Ellice Ave.
786-1544

100% Halal. Samosas, vegetarian dishes, meat specialties and rice entrees



PIZZA

City Pizza

749 Ellice Ave.
779-3408

Domino's Pizza

980 Portage Ave.
987-5550

Flying Pizza

801A Sargent Ave.
940-7777

Giant Pizza

6 - 794 Sargent Ave.
783-2255

Gondola Pizza

873 Portage Ave.
786-5459

Jumbo Pizza

1 - 555 Balmoral St.
982-6901

Panago Pizza

570 Portage Ave.
940-4970

Papa Guido's Pizzeria

789 Ellice Ave.
775-5555

Pizza Boyz

556 Ellice Ave.
786-3067

Pizza Hotline

1327 Portage Ave.
222-2222

Pizza Shack

589 Sargent Ave.
775-7733

Slice's Pizza

1329 Portage Ave.
786-3434

PORTUGUESE

Chave D'Ouro

1060 Ellice Ave.
783-9090

Traditional dishes including seafood, rotisserie-roasted chicken, roasted potatoes and Portuguese sweets

O Tacho Restaurante

C - 714 Sargent Ave.
219-2682

Classic Portuguese dishes

Galo Louco Authentic Grill

1075 Notre Dame Ave.
772-4256

Flame grilled chicken platters, kebabs and wings



**PARK IT
HERE!**

Look for the blue 'P' and take advantage of convenient on-street parking at one of our pay-stations throughout the West End. Pay on-street by coin, credit card, prepaid coupon or by cell phone.

Winnipeg Parking Authority
495 Portage Ave 986-2886
www.theparkingstore.winnipeg.ca

VARIETY & FAMILY

Black Sheep Diner

540 Ellice Ave.

786-2822

Voted best breakfast, serves breakfast and lunch using local, organic and fair trade ingredients. Also provides vegan and vegetarian options

Ducky's Fish & Chips

884 Notre Dame Ave.

772-5600

Known for their traditional English style fish and chips - halibut, haddock, cod or sole

SEE AD THIS PAGE

Ellice Café

587 Ellice Ave.

975-0800

Traditional breakfast menu. Sandwiches, burgers and hot entrees for lunch and dinner

SEE AD PAGE 11

Flea Whiskey's

601 Erin St.

775-2727

Casual cuisine and beverages, and billiards tables

Hambo's Restaurant & Deli

1465 Notre Dame Ave.

772-9238

Breakfast all day long. Also serving homemade burgers, fries, hot and cold sandwiches, soups and pitas

Luigi's Restaurant & Catering

1497 Erin St.

783-5295

Home-style breakfast. Daily lunch/dinner buffet available

pangea's kitchen

515 Portage Ave.

(UW Riddell Hall)

786-9070

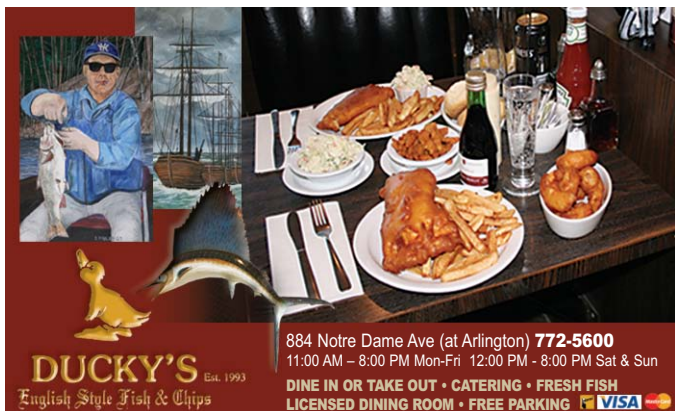
Serves hot breakfasts as well as a wide range of locally sourced lunch and dinner options, using organic ingredients and fair-trade products whenever possible

Salisbury House

1034 Notre Dame Ave.



775-3108

Local restaurant chain known for its breakfast platters, nips (hamburgers), red velvet cake and house coffee



DUCKY'S Est. 1993
English Style Fish & Chips

884 Notre Dame Ave (at Arlington) **772-5600**
11:00 AM - 8:00 PM Mon-Fri 12:00 PM - 8:00 PM Sat & Sun

DINE IN OR TAKE OUT • CATERING • FRESH FISH
LICENSED DINING ROOM • FREE PARKING  

The Malecón

515 Portage Ave.
(UW Centennial Hall, 4 Floor)
786-9070

The menu is based on street food from around the world and offers selections like a taco bar, flatbread pizzas, quesadillas, and internationally inspired salads. Closed for the summer

Elements – The Restaurant

599 Portage Ave.
(UW Richardson College for the Environment and Science Complex)
786-9070

Licensed dining area devoted to local, nutritious foods prepared

from scratch. Breakfast through dinner will reflect a superb mix of culinary art and science. Opening summer 2011

Stella's Café & Bakery

460 Portage Ave.
(UW Buhler Centre)
786-9070

Voted best breakfast in the city, this bakery café offers up traditional breakfast plates (waffles, pancakes, omelettes), sandwiches, soups and of course baked goods, throughout the day. Vegetarian and vegan options also available

COFFEE & MORE

Café Bodhi

515 Portage Ave.
(UW Lockhart Hall)
786-9070

Features a fair-trade organic coffee and espresso bar and fresh home-made baking, from scratch soup and a variety of snack options. Closed Saturday and Sunday. Closed for the summer

Litza's Café

999 Sargent Ave.
779-9400

Canteen serving soups and sandwiches. Located in the Cindy Klassen Recreation Centre

Robin's Donuts

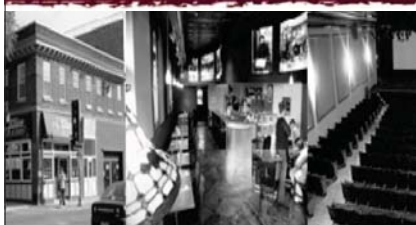
1280 Notre Dame Ave.
788-0435

Doughnuts, sandwiches, soups and signature coffee

Soap Opera Laundry Centre & Coffee Shop

500 Sargent Ave.
783-7627

Assortment of snacks and coffee



- Affordable meals
- Generous portions
- Catering available
- Serving white collar, blue collar and no collar!

Ellice café

587 Ellice Avenue

PHONE: (204) 975-0800

FAX: (204) 975-0801

E-MAIL: nlm5@shaw.ca

Soma Café

400 Spence St.
 (UW Duckworth Centre)
 258-2942

Student-run coffee shop provides healthy, fairly traded & creative food options using local goods and suppliers. Hummus, fair-trade coffee, homemade soups & sandwiches

Tim Hortons

1015 Notre Dame Ave.
 772-9210

Doughnuts, muffins, sandwiches, soups and its specialty coffee

Tim Hortons

1146 Portage Ave.
 775-5203

Doughnuts, muffins, sandwiches, soups and its specialty coffee

X-Cues Billiards & Café

551 Sargent Ave.
 783-4137

Italian coffees and lunch items



Other Options

BAKERY

Discovery Bakery

506 Notre Dame Ave.
 774-5678

Filipino buns and dishes

trade organic coffee and loose leaf teas

Gelyn's Wedding Lounge

690 Ellice Ave.
 772-2075

Wedding cakes

Katrina's Bakeshop and Party Supplies

580 Ellice Ave.
 219-7283

Custom cakes and pastries for special occasions

Goodies Bakeshop

1124 Ellice Ave.
 949-2480

Cakes, pies, quiches, breads, rolls, dainties and Italian espresso

KUB Bread

850 Erin St.
 414-9311

Bread, buns, rolls, sweets and pastries. Specializing in rye bread

Jeanne's Bakery

931 Notre Dame Ave.
 774-2554

Jeanne's traditional cakes feature a shortbread cookie crust, a Winnipeg tradition

Lange's Pastry Shop / All About Cakes

710 Ellice Ave.
 291-5263

Custom cakes and European pastries

Jonnies Sticky Buns

941 Portage Ave.
 415-7287

Cinnamon buns, many varieties and toppings. Also serving fair

Lisbon Bakery

717 Sargent Ave.
 775-7612

Portuguese dainties, cookies and breads

Maxie's Pastries & Take Out Foods

720 Sargent Ave.
415-6885

Filipino baked goods and dishes

suchot's kitchen

751 Wall St.
688-4287

Catering of organic baking and desserts

SPECIALTY

De Luca Fine Wines

942 Portage Ave.
783-9463

A broad assortment of wines from around the world and niche products

Fresh Option Organic Delivery

1338 Clifton St.
772-1479

Delivers organic food year-round in Manitoba

Eat It

603 Wall St.
772-2136

Organic food, produce and products from local and Canadian producers, suppliers, wholesalers and farmers

Mordens' of Winnipeg Candy Manufacturing

674 Sargent Ave.
783-4551

Boxed chocolates, roasted nuts and the famous Russian Mints

ETHNIC GROCERY

Akin's International Foods

570A Sargent Ave.
779-8666

African groceries

Dino's Grocery Mart

460 Notre Dame Ave.
942-1526

Groceries from India, Pakistan, Asia and the West Indies

Bestway Foods

548 Ellice Ave.
772-1950

Dong Thai Grocery Store

459 Notre Dame Ave.
943-9868

Asian and African groceries

Caribbean Shield

634 Notre Dame Ave.
219-3305

Caribbean groceries

El Izalco Market

696 Sargent Ave.
779-7092

Latin American groceries

De Luca's Specialty Foods

950 Portage Ave.
774-7617

Imported and homemade Mediterranean food, premium meat, cheese, pasta, sauces and an in-store bakery

Ellice Meats & European Deli

712 Ellice Ave.
783-6288

A variety of sausage, cold cuts and specialty meats made on site. The deli also offers cheese, bread and imported groceries

Gagan's Fresh Fruit and Vegetables

739 Ellice Ave.
775-1147

Produce, domestic and imported spices

Global Fish

986 Portage Ave.
415-4680

Seafood, fish and Halal meat

Juba Halal Foods

522 Sargent Ave.
415-1137

Middle Eastern groceries and spices

La Grotta del Formaggio

550 Sargent Ave.
775-0691

Fresh Italian produce, meat and specialty cheese

LVOV Food and Video

800 Sargent Ave.
783-8777

Ukrainian groceries

Makka Halal Meat & Grocery

861 Portage Ave.
783-2990

African and Asian groceries

Millad's Supermarket

396 Notre Dame Ave.
947-9558

Fresh baked Afghani bread and

kebabs, international spices and Halal meat. Also offers a lunch buffet

Miranda Foods

530 Notre Dame Ave.
775-6109

Filipino and other Asian groceries, and Halal meat

Pampanga Food Market

587 Notre Dame Ave.
779-5517

Filipino groceries

Portage Meat and Sausage Deli

1032 Portage Ave.
775-5023

German-style meat, sausage, cheese and other imported European products

Russian Deli Market

643 Portage Ave.
774-1041

East European products including sausage, meat, pastries, pelmeni and vareniki

Selam Grocery

714 Ellice Ave.
772-2662

Imported Ethiopian groceries

Tindahan Food Mart

906 Sargent Ave.
783-3946

Filipino groceries

GENERAL GROCERY

Abbi's Payfair

467 Sargent Ave.
942-6908

Ashcroft Grocery

1017 Garfield St. North
783-6758

B C Grocery

798 Strathcona St.
783-4006

Bestway Food Market

425 Qu'appelle Ave.
947-9132

Bestway Foods

548 Ellice Ave.
772-1950

Beverly Supermarket

816 Notre Dame Ave.
772-7684

Discount Everything

701 Ellice Ave.
779-0188

Ellice Avenue Deli Store

521 Ellice Ave.
786-1966

Extra Foods

600 Notre Dame Ave.
987-7512

Food Fare

905 Portage Ave.
987-8849

J & F Supermarket

730 Sargent Ave.
786-4579

K&B Lucky Lotto Food Store

1094 Notre Dame Ave.
774-3399

Kim's Mini Market

610 Portage Ave.
789-9289

Maryland Food Store

714 Maryland St.
774-9391

Pal's Supermarket

719 St. Matthews Ave.
772-8537

Portage Quick Stop

106 - 912 Portage Ave.
775-1925

Royal Supermarket

691 Wellington Ave.
775-1064

Safeway

600 Sargent Ave.
783-0154

Sherbrook Foods

590 Ellice Ave.
783-4423

St. Matthews Food Centre

775 St. Matthews Ave.
783-0114

Sunlight Market

908 St. Matthews Ave.
774-9980

West End Grocery

885 Lipton St.
774-3144

Westhome Foods

737 Wellington Ave.
774-3491

Will's Sargent Food Mart

561 Sargent Ave.
943-3279

Y-Not Foods

501 Ellice Ave.
774-0058

CONVENIENCE

7-11

891 Arlington St.
985-0104

7-11

627 Ellice Ave.
985-0108

7-11

815 Ellice Ave.
985-0110

7x16 Convenience Store

495 Sargent Ave.
779-6322

Eben Convenience Store

577 Portage Ave.
774-0102

Mac's Convenience Store

407 Carlton St.
694-2464

Teddy's Place

543 Balmoral St.
957-5516

Valour Road Convenience

843 Valour Rd.
774-0924

INTERNATIONAL BROTHERHOOD OF ELECTRICAL WORKERS LOCAL 2085



“Serving the electrical industry in the
Province of Manitoba since 1960.”

Phone: (204) 982-2085

Fax: (204) 982-2086

Email: ibew2085@mts.net

IBEW2085.COM

Ron Stecy, Business Manager

556 Notre Dame Avenue

Winnipeg, MB. R3B 1S4